

# New school year, new faces at E. J. King

Amy Brennan

E. J. King Correspondent

Despite a one-day typhoon-related delay, the school year is off and running at E. J. King High School. With new faces and new course offerings, there are numerous changes for the 2004-2005 school year.

The school year began on Tuesday, August 31, as middle- and high-school students met in the Sasebo Elementary Multipurpose Room for a “welcome-back” assembly. Principal Linda Connelly and Assistant Principal George Man gave speeches addressing topics such as a new mid-morning snack break, student conduct, and expectations for high achievement. The administration then handed the program over to the faculty for the annual teacher “Parade of Champions,” in which the faculty members stepped up to the mic and introduced themselves and the courses they are teaching this year.

Students were introduced to a number of new faces, including the following:

Jack Adams, Band; Glenn Anderson, Middle School Science; Gariann Bingaman, English and Social Studies; Amy Brennan, English and Social Studies; DeEtte Hassen, Chorus and Guitar; James Murphy, Social Studies; Joan Phipps, SAT Preparation and Photography; Darren Schuettpeiz, Middle School Social Studies; and Bridget Vertin, Middle School Social Studies. Additionally, Georgia Derr, Spanish, and Rosanne Lippert, career practicum and yearbook, will be arriving in Sasebo within the next couple of weeks.

Other new faces at E. J. King include Cindy

Acaba, Speech and Language Pathologist; Gary Cashman, Technologist; James Connelly, Sasebo Elementary and King School Psychologist; and Rowena Suriben, Student Affairs Assistant. Karen Sawyer is now the school’s Registrar.

The students were excited to see both new and familiar faces, but also anxious to receive their schedules. Some of the new classes students may have in their schedules this year are middle school journalism, jazz band, anatomy and physiology, separate high school and middle school AVID classes, model united nations, sociology, and culinary classes, just to name a few.

After a few minutes of commotion and excitement, and with schedules in-hand, the students were sent off to first period, and the school year began!

The Student Affairs Office and counselors’ offices are still located in CA Building, A5-A7, and Principal Linda Connelly’s office is still located near the back of the campus in the KH Building. For issues regarding attendance, scheduling, counseling, enrollment and withdrawal, and student discipline, contact the Student Affairs Office at 252-3072. For any other issues, including contacting a teacher, please call the main telephone number for the school, 252-3059.

All of the E. J. King faculty and staff are looking forward to a great year, and always appreciate the support of the CFAS community. If you have any public interest questions regarding E. J. King High School that you would like to have addressed in the Sasebo Soundings, please contact the E. J. King point of contact, Amy Brennan, at 252-3059.



## Seabees renovate Galaxies

Equipment Operator Third Class, a Seabee with Naval Mobile Construction Battalion (NMCB) detachment 133, operates a front-end loader at the Galaxies Club Wednesday, Sept. 1. The Seabees are undertaking the club’s renovation project: transforming the club’s first deck into a food court. The Seabees offer a word of advice to base residents: “For the safety of the community and the workers, please stay clear of the Galaxies Club parking lot during working hours,” said Builder Third Class (SCW) Jason McWaters, safety supervisor for the construction project. (Official U.S. Navy Photo by JOSA Jeff Johnstone)

# Japanese traffic law revised; sets fines for cell phone use

Compiled from the Yomiuri Shimbun

The Japanese Cabinet approved a revision of the traffic road law dealing with driving while talking on cell phones and other revisions Tuesday, August 24 setting fine standards for abusers of the law.

The fines will be set at 7,000 yen for large vehicles, 6,000 yen for standard sedans and motorcycles and 5,000 yen for scooters with engines of 50cc or less.

The approval officially decided the amount of fines ahead of implementation of the revised traffic law, which makes driving while talking on a cell phone a crime.

The fines are set to take effect November 1.

The revised law also sets a maximum fine of 50,000 yen for offenses of driving while

using a cell phone and making excessive noise through sudden acceleration or gunning the motor while parked.

Violators can receive the maximum fine in serious cases, or if they fail to pay the standard fines by the ticket due date. There were two other revisions that will be implemented November 1.

The cabinet raised the maximum fine for inadequately silenced or illegally altered automobiles from 20,000 yen to 50,000 yen. If drivers refuse to take a breathalyzer, the fine has been raised from 50,000 yen to 300,000 yen.

For more information on local traffic laws, please call the Traffic Office at 252-2704.

### INSIDE

Stennis visits Japanese children’s home...page 2

Smallpox shots are a big deal to Essex crew...page 4

Base Librarian is subject of latest Profile...page 5

A Sasebo Harbor story...page 7

Officer Scholarship Program now accepting applications...page 9

### SASEBO WEATHER

#### Saturday

Light Rain  
High: 84° F  
Low: 69° F

#### Sunday

Mostly Cloudy  
High: 81° F  
Low: 77° F

### DAYS SINCE LAST DUI/DWI

(as of September 4)

38



**CAPT. MICHAEL L. JAMES**  
COMMANDER  
FLEET ACTIVITIES SASEBO  
252-3444

**CMDR. BERNARD P. WANG**  
CHIEF STAFF OFFICER  
FLEET ACTIVITIES SASEBO  
252-3444

**MR. CHARLES T. HOWARD**  
CFAS PUBLIC AFFAIRS OFFICER  
252-3029  
c00b@cfas.navy.mil

**JO1(SW) RON INMAN**  
EDITOR, SASEBO SOUNDINGS  
252-3485  
ronald.inman@cfas.navy.mil

**JOSA JEFF JOHNSTONE**  
STAFF WRITER/EDITORIAL ASSISTANT  
252-3409

**ISAIAH MINCKS**  
**ALEC CULPEPPER**  
SASEBO SPORTS

**NAOMI SULLIVAN**  
ASSISTANT EDITOR/COPY EDITOR

**VOLUNTEERS AND STRINGERS**  
**BILL DOUGHTY** – MEDICAL  
**PHIL EAKINS** – COLUMNIST  
**JERRY HAVENS** – FFSC  
**LT. RON OKIALDA** – MEDICAL  
**LARA SANERS-VANNoy** – TRICARE

**CTF 76 PUBLIC AFFAIRS**  
**LT. ED SISK**  
**JO3 JAMES KIMBER**  
252-2810

**FLEET IMAGING**  
**PH3 IAN W. ANDERSON**  
252-3559

**MWR MARKETING**  
**ALLISON FOO**  
**FRANK A. DeSILVA**  
**DEBRA ANDERSEN**  
**JEN MARTIN**  
**OLGO COVINGTON**  
**JASPER DIAZ**  
252-3930

**SPECIAL THANKS TO:**  
AMERICAN FORCES NETWORK–SASEBO  
BRANCH DENTAL CLINIC–SASEBO  
BRANCH MEDICAL CLINIC–SASEBO  
CFAS RELIGIOUS MINISTRIES  
CFAS SAFETY DEPARTMENT  
FLEET AND FAMILY SUPPORT CENTER  
DoDDS  
NAVY EXCHANGE–SASEBO  
USS ESSEX (LHD 2)  
USS HARPERS FERRY (LSD 49)  
USS FORT McHENRY (LSD 43)  
USS JUNEAU (LPD 10)  
USS GUARDIAN (MCM 5)  
USS PATRIOT (MCM 7)  
USS SAFEGUARD (ARS 50)

The Sasebo Soundings is a weekly publication of Fleet Activities, Sasebo, Japan. It is published according to the rules and regulations for station newspapers and under the direction of the Public Affairs Officer. Opinions expressed herein are not necessarily those of the command, the Department of the Navy or the Department of Defense.

The appearance of advertising in this newspaper does not constitute endorsement by the Department of the Navy or CFAS or the publisher of the products and services advertised.

This paper is funded by appropriated funds. The distribution of 2,000 copies is printed by Minato Printing Co., Ltd., Sasebo City, Japan.

All items for submission must be brought into the Sasebo Soundings office in PW 80 or sent by guardmail or MPS, or emailed to [soundings@cfas.navy.mil](mailto:soundings@cfas.navy.mil). The Public Affairs Office, as permitted by the Commanding Officer, reserves the right to edit, omit or change any part of the submission to fit the style of the paper.

Deadline for regular submission is Tuesday at 5 p.m. For more information, call 252-3409 or 252-3485. Address all correspondence to:

Sasebo Soundings  
PSC 476 Box 93  
FPO AP 96322-1100

## Stennis Sailors visit Japanese children's home

**JO2 (SW) Chris Fowler**  
*John C. Stennis Public Affairs*

While visiting Sasebo, Japan, USS John C. Stennis (CVN 74) Sailors visited the Seifuen Children's Home, donating sporting equipment, playing with the children and providing an American-style cook out.

Stennis' Religious Ministries Department coordinated the afternoon. Money to pay

for the event was raised through donations from Stennis' wardroom, the Chief Petty Officer's Mess, and the First Class Petty Officer Association along with community relations (COMREL) funding provided from Commander, U.S. Pacific Fleet Public Affairs.

According to Chaplain, (Cmdr.) Michael Parisi, engaging in COMREL opportunities is an invaluable tool to allow people from other cultures to learn first hand about the men and women of the U.S. Navy, and allow

Sailors to make a positive impact with people from another culture.

"This COMREL event was good for everyone involved," said Parisi. "It gave children who are unable to be with their families some human contact and affection, and it allowed some of our Sailors to get out and do something good for the community."

Parisi also said COMREL is an effective vehicle for projecting a positive image of America and its military as well as fostering good relations with a host country.

"These events are only small steps toward helping to build better relations, said Parisi. But over time, the effects of these steps spread, and shows that we aren't much different from anyone else."

Among the 41 Sailors who participated was Culinary Specialist Third Class (SW) Leonard Williams. According to Williams, the experience made him feel like he was giving the children a unique experience.

"In Japan they don't really have the same kind of food, prepared the same way we do back in the States," said the 30-year-old Williams. "Not only did I feel like I was giving something different for the children to try, I felt like by being there at the childrens' home, I was giving the children some contact with the outside world. It made me feel like I was making a difference."

According to Chaplain (Lt.) Jon Conroe, COMREL is a great way to show that Americans are more than simply war fighters and tourists. "These type of events expose people of another culture, to another side of America. It shows that we are generous and concerned about the well being of other people."



*Information Systems Technologist Second Class shows a young boy how to blow bubbles at a local children's home in Sasebo, Japan. He was one of many USS John C. Stennis (CVN 74) Sailors who volunteered to participate in the community relations (COMREL) project during Stennis' recent port visit to the Japan. (Official U.S. Navy photo by PHAN Charlie Whetstine)*

## Sasebo's Cub, Boy Scouts offer fun, adventure

**JO1(SW) Ron Inman**  
*CFAS Public Affairs*

There's an organization in Sasebo that seeks to take young men in, build their discipline and character and prepare them for the future. Sasebo's Boy Scouts and Cub Scouts are ready to welcome aboard any boys age five-18 and up who would like to join them.

Sasebo's Boy Scout Troop 76 and Cub Scout Pack 76 are part of the Japan-wide Far East Council of the Boy Scouts of America.

"Joining the Scouts helps to develop a boy's sense of pride, self-worth and builds discipline and character," said

Dan Carey, chartered organization representative. "In the long run, depending on how long they stay, it's very beneficial when applying for college and looks good on a resume – and honestly, the kids have a lot of fun just doing the activities."

Boys age 11 and up who have finished fifth grade and are going to sixth grade may join the Boy Scouts.

Boys five – 11 years old may join the Cub Scouts, with five and six year olds becoming Tiger Cubs, seven year olds becoming

Wolfs, Eight year olds Bears and nine and ten 10 year olds, or Weeblos.

Under the leadership of Carey, Boy Scout Scoutmaster Scott Poluhovich and Cubmaster Billy Reynolds, approximately ten Boy Scouts and 25 Cub Scouts participated in a variety of activities over the summer. The Cub Scouts visited the Hario fire station, Armed Forces Network (AFN) and ACU-5, attended a military working dog demonstration went bowling and enjoyed a

set up camp and their own personal tent spaces," Carey explained about the camping trips. "We take planned hiking trips and also go fishing, orienteering, negotiate obstacle courses and engage in other activities so they can earn their ranks within the Boy Scouts as well as their merit badges."

Sasebo's Scouts also participate in intercultural activities with local Japanese Scouts, said Carey, including attending a Japanese festival/Jamboree, or Scout meeting, with Japanese Scouts earlier this year.

The Boy Scouts of Troop 76 meet every Thursday from 5:30 p.m. – 6:30 p.m. at the Scout Room – Bldg. 502, across from E.J. King High School. Pack 76's Cub Scouts meet Fridays from 5 p.m. to 6 p.m., alternating between Main Base and Hario Village for activities.

Carey said enrollment is open for both Boy Scouts and Cub

Scouts – any time of year. He added that the Scouts always need volunteers to ensure the continuation of a quality program, and any adults who would like to volunteer to help are welcome.

For more information on Troop 76 or Pack 76, e-mail Dan Carey at [daniel.carey@cfas.navy.mil](mailto:daniel.carey@cfas.navy.mil) or call him at 252-3472.



swim party.

The Boy Scouts went on overnight camping trips every month since May – two trips each to Arita Dam and Nagasaki Forest. According to Carey, they are planning their next trip for Sept. 17 – 19. The destination hasn't been decided but the Boy Scouts are looking for a new location at which to test their outdoorsmanship.

"The boys plan all their meals, buy the food,



# Essex' Smallpox shots are a big deal to crew

*Released by Essex Public Affairs*

USS Essex (LHD 2) Commanding Officer (CO), Capt. Jan van Tol, was one of the first in line to receive his Smallpox vaccination from Essex Medical Staff. The Smallpox vaccination is a mandatory requirement for personnel serving in the U.S. Central Command's area of responsibility to prevent possible infection.

Capt. van Tol took the 'lead by example' attitude by receiving his Smallpox shot, and gave reassurance to other crewmembers waiting in line for their shots that the vaccination is safe.

"Taking needles in my arm is not my favorite sport, but I had absolutely no concerns at all about getting the shot."

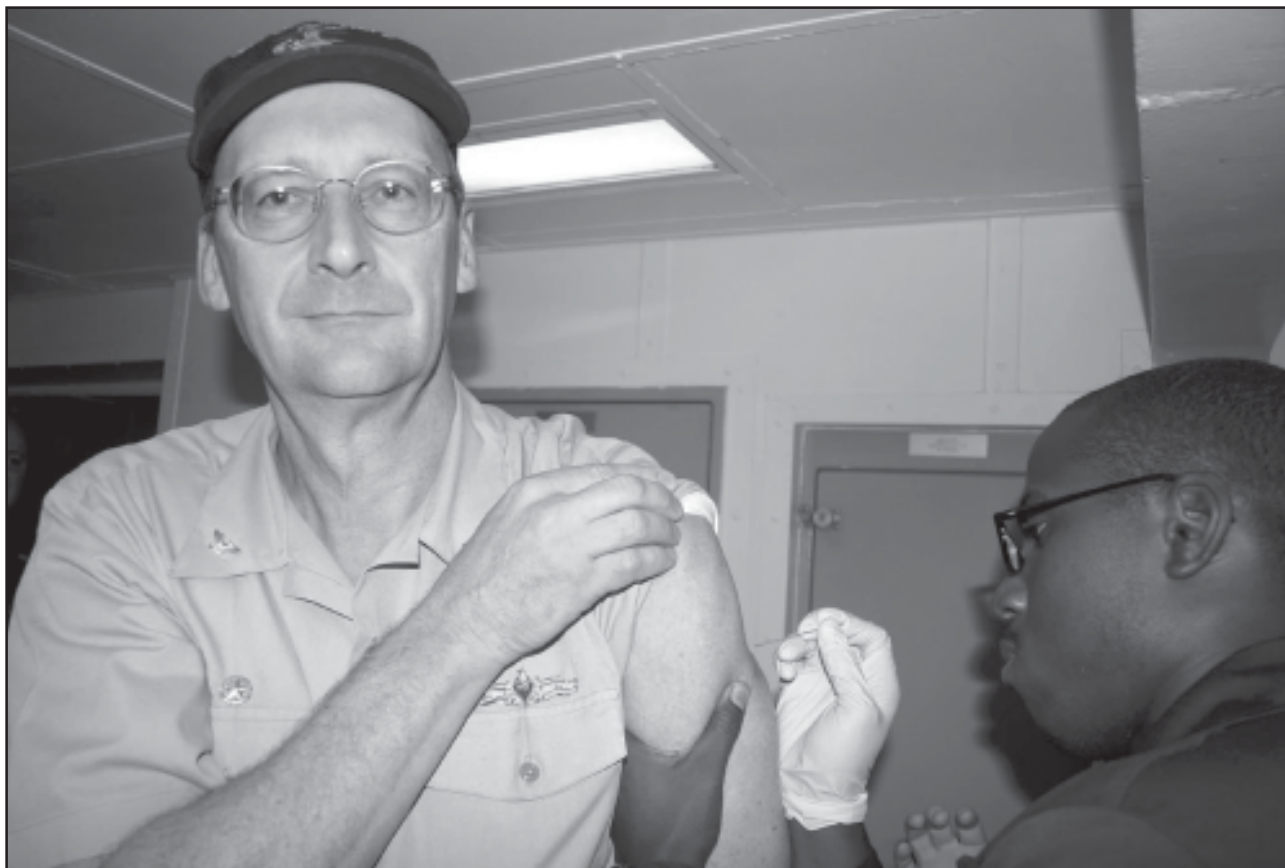
According to Van Tol, the crew could expect to see an in-depth PowerPoint brief on what to expect and why the vaccinations are necessary as Essex approaches the Persian Gulf area.

"You'll see a brief on Shipboard Information Training and Entertainment (SITE) television on the do's and don't of how you should handle your personal inoculation hygienically. This includes changing of your bandages and further medical advice."

The biggest thing people need to know about the vaccination is that they have nothing to worry about, said USS Essex Senior Medical Officer, Lt. Cmdr. David A. Serafini.

"There have been very thorough, extensive studies on the vaccination and people shouldn't worry about any problems developing. One factor we are stressing is that people avoid contact with touching or scratching the vaccinated area and then rubbing the eyes, nose or any open cuts or scrapes they may have," stated Serafini.

He also noted the Smallpox vaccine is technically called cowpox, a term derived from the late 1700s as scientists noticed milkmaids, women who milked cows on a daily basis, never caught the Smallpox disease. From this observation,



*USS Essex Commanding Officer receives his Smallpox vaccination from HM2 (FMF) in ship's Medical. The smallpox vaccinations are mandatory for all personnel serving in the U.S. Central Command's area of responsibility. (Official U.S. Navy photo by JOSN Corey Truax)*

scientists invented the Smallpox vaccination and found it prevented the disease from developing.

Although the Smallpox virus has been classified as 'dead' since 1977, the threat of a terrorist organization using a stockpiled supply of Smallpox is very real.

Capt. van Tol later addressed the Sailors in Medical and acknowledged the professional team administering the shots.

"The good news is it doesn't hurt at all. These guys are really good. They'll take care of you."

## Olmsted Scholarship Program applicants needed

**Jon Gagne**

*Naval Education and Training  
Command Public Affairs*

The Naval Education and Training Command is now accepting applications from regular or reserve commissioned line officers for the 2006 Olmsted Scholarship Program until Sept. 30.

Career-minded and highly qualified officers with at least three years of active-duty service – but no more than 11 years – are eligible to apply for the program.

The scholarship program educates career military line officers that display extraordinary potential for becoming future military leaders. The program is open to all branches of the U.S. military.

Selected officers serve as full-time students in a two-year graduate internship at a foreign university. Students normally study in a language other than English, and interact with the culture of their host country.

The students are expected to live on the local economy, travel widely, and be affiliated with U.S. embassies or consulates for administrative purposes only. With the selection of the 46th Olmsted Scholar Class in April 2003, 400 scholars have completed, are completing, or are preparing for two years of study abroad.

Their studies to date have been in 35 languages, in 149 different foreign universities, spanning 50 countries worldwide. "Gen. Olmsted, our benefactor

and founder, certainly had great vision when he said that the world's greatest leaders must be educated broadly," said retired Rear Adm. Larry Marsh, executive director of the Olmsted Scholarship Foundation.

"For the past 44 years, our programs have educated young officers in foreign languages and foreign cultures, which is becoming more and more important in today's world."

Participation in the Olmsted Scholarship Program is voluntary. Nominated personnel are required to meet a list of qualifications and prerequisites, and complete and submit a command-endorsed nomination package no later than Sept. 30.

Nomination packages are forwarded to the

Naval Education and Training Professional Development and Technology Center in Pensacola. In October, the applications are reviewed and a final, Navy-sponsored list of nominees is selected.

The Navy nominations are then submitted to the Olmsted Foundation Board of Directors, along with nomination packages from the other services. Final Scholarship selections, designation of foreign universities students will attend, and the specific area of concentration, will be determined by the Foundation Board in April 2005.

Recipients can expect to begin language training in the fall of 2005 at the Defense Language Institute or a comparable course

of instruction, with foreign university studies beginning in 2006. Preferred courses of study include Social and Political Sciences, History and International Relations. Other non-technical or non-science choices made by the scholar may be authorized.

The Olmsted Scholarship Foundation, named in honor of Gen. George and Carol Olmsted, and the Department of Defense have jointly sponsored this scholarship program since 1959.

Specific guidelines for applying for the Olmsted Scholarship Program can be found in NAVADMIN 175/04 or at the Olmsted Foundation Web site at <[www.olmstedfoundation.org](http://www.olmstedfoundation.org)>.

**A toll-free number set up by DoD for people who want to contact or provide information to the Department of Defense Task Force on Care for Victims of Sexual Assault.**

**9 a.m. to 9 p.m. EST,  
Monday - Friday**

**(800)-497-6261**

**for Care of Sexual Assault Victims**

**hotline**



# New apartment complex offers Sailors more options

**JOSA Jeff Johnstone**  
CFAS Public Affairs

The first Rental Partnership Program (RPP) project was completed and is now open for tenants. Friday, August 27 marked the opening of the apartment complex with a ribbon cutting ceremony and a reception at Fleet Akasaki.

Fleet Akasaki stands to give Fleet Activities Sasebo (CFAS) families and single servicemembers, an option of more western standard housing if they plan to live off base.

"The complex has been under construction for over a year, and today it's open for prospective tenants," said Gail Benton, acting housing director for CNFJ Sasebo Housing. "We realize there is a shortage of on-base housing, and the RPP project is short term solution to maintain living

standards."

Benton added, "This is a good endeavor, and we think that families that move into this apartment complex will enjoy living here,"

The units are built more to "western standards", with new washers and dryers, ovens, refrigerators and heat and air conditioning units. The appliances are included with the apartment. The benefit being that some standard Japanese housing does not come with appliances and Housing may not be able to install an oven or AC/heater unit., explained Benton.

"At Fleet Akasaki there will be a total of 36 two or three-bedroom units. Eighteen of these units are ready today. Both style units include two full bathrooms, kitchen appliances, washer/dryer, communal patio and a spacious living area," said Benton.



Commander, Fleet Activities Sasebo (CFAS), signs a Rental Partnership Program (RPP) agreement with the new Fleet Akasaki apartment complex. (Photo by Naomi Sullivan)



CFAS takes part in the ribbon cutting ceremony signifying the opening of the Fleet Akasaki apartment complex. (Photo by Naomi Sullivan)

Capt. Michael L. James, Commander, Fleet Activities Sasebo, participated in the ribbon cutting ceremony, with other Japanese Officials opening Fleet Akasaki to potential tenants.

This new complex has a great deal of potential to improve the quality of life for U.S. Navy personnel who choose to reside here in Fleet Akasaki, said James in a speech he made preceding the reception.

According to James, on base housing remains in high demand, it's reassuring to know personnel have an opportunity to live in this facility.

Following the speeches, Capt. James signed an agreement to the RPP.

The Rental Partnership Program is unique to other rental opportunities in Sasebo. RPP eliminates move in fees such as the security

deposit and restoration fee, requiring only first month's rent from the possible tenant, said Benton. Service members that are interested in the units follow the same process to move into Fleet Akasaki as they would any other off base housing in Sasebo through the housing office.

"Unaccompanied Sailors can move into the new complex, it's not just for families. They can also move in with a roommate," said Benton.

"For a two bedroom unit, the current asking price is \$1,500/month and \$1,700/month for a three bedroom unit. However, like other rental properties in Sasebo tenants can try to negotiate rents that are above their ceiling.

For more information contact the housing office at 252-3402.

## New AFRTS movie, family channels to debut in Sept.

**By Gerry J. Gilmore**  
American Forces Press Service

The Defense Department's American Forces Network (AFN) television system will start broadcasting new movie and family channels to overseas audiences Sept. 3. The new channels, made possible by new satellite technology, will enhance choices for service members and their families stationed overseas, said Air Force Lt. Col. Doug Smith, operations officer at American Forces Radio and Television Service (AFRTS) headquarters in Alexandria, Va.

"The Family Channel is something we've been wanting to do for a very long time," Smith said, noting that programming content will be targeted to children ages 2-17. The Movie Channel, he continued, will offer "the best of Hollywood" films, with behind-the-scenes specials detailing how some popular movies were made.

For years, Smith noted, AFRTS has provided news, sports and entertainment - as well as Defense Department-specific programming - to troops and families

stationed overseas. The new channels, he said, will fill "a couple of niches" previously unavailable to audiences.

AFRTS, Smith said, provides policy guidance for American Forces Network, DoD's television and radio broadcasting programmer. The overseas audience, he noted, currently numbers about 850,000 people. Larry Sichter, AFN's affiliate relations chief at the Defense Media Center at March Air Reserve Base near Riverside, Calif., noted that AFN provides 10 television services and 12 radio services to 180 ships at sea, and to service members and families stationed in 177 countries.

"Our audience gets the most popular programming that's in the States, and they have a lot of choice," Sichter said. This spring, the Pentagon Channel began broadcasting military news programs, Pentagon news conferences and congressional hearings featuring senior DoD leaders 24 hours a day, seven days a week to service members stationed overseas. To request Pentagon Channel service, visit <<http://www.pentagonchannel.mil>>.

## With sincere appreciation...



Commander, Naval Forces Japan, left, congratulates Dr. after presenting him with the Department of the Navy Meritorious Public Service Award. Dr. received the award for his role in solidifying the relationship between the base and the local community. He continues to invest countless personal hours fostering that relationship through the Sasebo chapter of the United Services Organization (USO) and the Japan-America Society of Sasebo. (Official U.S. Navy Photo by JOSA Jeff Johnstone)





Elements of the USS John C. Stennis Carrier Strike Group (CSG), including USS John C. Stennis (CVN 74), USS Howard (DDG 83) and USNS Ranier (T-AOE-7) visited Sasebo August 20 - 25. The Stennis CSG departed Japan Aug. 25, continuing a scheduled summer deployment to the Western Pacific. Soon after departure, Stennis joined up with several destroyers from the Japanese Maritime Self Defense Force (JMSDF) to conduct a series of joint, cooperation-building exercises.

# Stennis Sailors reflect on Sasebo visit

JOSN Chris Gethings  
USS John C. Stennis Public Affairs

ABOARD USS JOHN C. STENNIS — After successfully completing a Joint Air-Sea Exercise (JASEX) with the aircraft carrier USS Kitty Hawk (CV 63), elements of the U.S. Air Force and the U.S. Marine Corps, Sailors aboard USS John C. Stennis (CVN 74) spent four days enjoying the sights and sounds of Sasebo, Japan. The last port visit for the San Diego-based aircraft carrier was in Pearl Harbor in late July. Stennis Sailors were able to experience fine dining, exciting cultural tours and shopping during the port visit. “We had a great time in Sasebo,” said Culinary Specialist 3rd Class (SW) Josephina Lopez. “I particularly enjoyed the culture in Japan. My friends and I had fun walking around the town, and taking in all the sights,” she said. Morale, Welfare and Recreation (MWR) aboard Stennis and in Sasebo offered many opportunities for Sailors to see the sights of Sasebo, and experience the culture and people of Japan. “This port visit not only provided an opportunity for Stennis Sailors to make new friends and experience the

wonderful Japanese culture, it allowed the people of Sasebo to meet the fine men and women who proudly represent Stennis and the United States Navy,” said Capt. Dave Buss, commanding officer of Stennis. Many Sailors spent hours shopping in Sasebo’s Ginza Arcade, a mile-long shopping mall filled with endless Japanese specialty stores. “The shopping center was enormous,” said Seaman Maria Pacheco of deck department. “My friends and I walked around for hours looking in all the stores they had.” “Going to Japan was definitely the chance of a lifetime,” added Pacheco. “It’s a place most Americans don’t get to visit, and we are lucky to have gone to such a great place.” The Stennis Strike Group departed Japan Aug. 25, continuing a scheduled summer deployment to the Western Pacific. Soon after departure, Stennis joined up with several destroyers from the Japanese Maritime Self Defense Force (JMSDF) to conduct a series of joint, cooperation building exercises. “These exercises are designed to strengthen the already high level of interoperability between the United States Navy and the Japanese Maritime Self Defense Force,” said Buss. He explained that the exercises included communications drills, ship handling exercises, flight operations, air defense drills, flag hoist drills and cross-decking personnel with JMSDF forces. “It is important to practice operating and communicating together in a joint environment to build our confidence, so we can effectively do so in the future,” Buss said. The Stennis Strike Group is scheduled to continue the summer deployment to the Western Pacific and return to San Diego in the Fall. The Nimitz-class aircraft carrier is the center of the Stennis Strike Group and is the flagship for Rear Adm. Patrick Walsh, commander, Carrier Group 7; Capt. John Christensen, commander, Destroyer Squadron 21; and Capt. Scott Craig, commander, Air Wing 14. The strike group of five support ships include the guided-missile cruiser USS Lake Champlain (CG 57), the Arleigh Burke-class destroyer USS Howard (DDG 83), guided-missile frigate USS Ford (FFG 54), Los Angeles-class attack submarine USS Salt Lake City (SSN 716), and the replenishment ship USNS Rainier (T-AOE 7). For related news, visit the USS John C. Stennis (CVN 74) Navy NewsStand page at [www.news.navy.mil/local/cvn74](http://www.news.navy.mil/local/cvn74).

## Profile: Library Manager



Base Library Manager  
Phoenix, Arizona

### How long have you been in Japan?

Almost 15 years; 5 years here in Sasebo

### What is your favorite thing about Sasebo?

The people. All the Japanese I’ve come in contact with throughout Kyushu are genuinely interested in getting to know us Americans and learning about our way of life and sharing their culture with us.

### Are you married or single?

I am single.

### Do you have any children?

Yes, one boy, (11) and one girl, (8).

### What hobbies do you have?

I enjoy photography, collecting sports cards and reading books (duh).

### Who do you consider to be your role models?

My mother is a role model for me. She was a single mother who worked hard to take care of her family.

### What are your personal goals?

I still need to complete my BA degree. There are also several places in Japan I have not yet visited and I would like to visit them all.

### What motivates you?

I am motivated by a sense of what’s right and wrong. Also, as it applies to my current job as manager of the base library, I am motivated by knowing the product I offer the community is an important one and I want it to be the best that it can be.

### What is the one thing you can’t stand?

I don’t like people that don’t take responsibility for their own actions.

### What do people not know about you?

Most people don’t know that I really enjoy cooking. I was one of only four males who took home economics at my junior high school and I think that probably piqued my interest in cooking. Those persons that have sampled my culinary creations may disagree with me as to whether I am any good though.

### What is your most embarrassing moment?

A few years ago, shortly after I had gotten my Chief Petty Officer anchors pinned on, I was walking down the street showing off my new uniform and thinking I was cool when a seagull decided to use me for target practice. After I did a damage assessment I discovered the seagull had scored a direct hit. My next reaction was to look around to see if anyone had witnessed the event and sure enough my division officer and several fellow Chiefs had been watching from across the street. At least they enjoyed the moment.

### If you could have dinner with three people, living or dead, who would they be?

I would like to have dinner with Abraham Lincoln, John McCain and Princess Grace.

## Grief Support Group

A new support group will be starting up  
August 26 and will be open to all ages

From 7 p.m. until 8:30 p.m.

Classroom D & E at the Main Base  
Community and Education Center

The support group is sponsored by CFAS  
Religious Ministries Department. For more  
information contact Megan Miller at 252-2537.



## EVENTS &amp; MOVIES

MWR IS NOT JUST A JOB...

## It's A CAREER!

## REGULAR FULL-TIME POSITIONS:

**Child Development Center (HV), SSN Required**  
Education Aid (CDC), GSE-02, \$8.42 per hour,  
GSE-03, \$9.18 per hour, GSE-04, \$10.31 per hour.  
Until Filled.

**Library**  
Library Aid, NF-01, \$6.00 per hour: Open until filled.

**Personnel Office**  
Clerk-Typist, NF-01, \$7.00 per hour. Until filled.

## FLEXIBLE POSITIONS:

**Child Development Center (HV/MB), SSN Required**  
Education Aid (CDC), GSE-02, \$8.42 per hour,  
GSE-03, \$9.18 per hour, GSE-04, \$10.31 per hour.

**Youth/Teen Center, SSN Required**  
Recreation Aid, NF-01, \$8.42 per hour  
(Teen/Pre-Teen Programs and  
School Age Care Programs)  
Recreation Aid (Summer), NF-01, \$6.50 per hour  
(Not to exceed 6 months)

**Bowling Center**  
Service Counter Attendant (Food), NF-01, \$7.50 per hour

**Theater**  
Motion Picture Projectionist, NA-05, \$9.12 per hour, (HV)  
Snack Bar Clerk, NF-01, \$6.00 per hour, (HV)  
Ticket Seller, NF-01, \$6.00 per hour, (MB)

**Sailing Center**  
Recreation Asst (Sailing), NF-02, \$8.39 per hour  
Recreation Asst (Paintball), NF-02, \$8.39 per hour

**Fitness Center**  
Recreation Assistant (Physical Fitness),  
NF-02, \$8.39 per hour (MB only)

**Galaxies**  
Bar Assistant, NA-02, \$7.91 per hour  
Cashier, NF-01, \$7.50 per hour  
Club Operations Assistant (Duty Manager),  
NF-02, \$8.39 per hour  
Service Counter Attendant (Food), NF-01, \$7.50 per hour

**Harbor View Club**  
Cook (Duty Location: CDC Main Base),  
NA-04, \$9.58 per hour.  
Club Operations Assistant (Duty Manager),  
NF-02, \$8.39 per hour  
Service Counter Attendant (Food), NF-01, \$7.50 per hour

Job listings were current at time of publication.

For more information, call MWR Personnel at 252-2904.



Did you know  
that MWR will train  
you and offer you the  
tools you need for a  
successful career?

## FUTURE

Did you know that  
there are MWRs  
all over the world  
and in all branches  
of the Armed Forces?



## STABILITY



## ADVANCEMENT

Interested family members of active duty military and DoD civilian personnel  
and active duty military personnel who desire employment during off-duty  
hours are encouraged to submit a MWR employment application or SF-171  
(Application for Federal Employment) to the MWR Personnel Office.  
For additional information please call 252-2904 or visit the MWR Personnel Office  
located on the 2nd floor of building 47, in front of the bowling center. All selected  
candidates are required to attend the MWR direct deposit program.  
Management reserves the right to cancel vacancy announcements at  
any time during the recruitment process.  
The Department of the Navy is an equal employment opportunity employer.  
All qualified candidates will receive consideration without regard to race,  
color, religion, sex, national origin, age, disability, marital status, political  
affiliation, sexual orientation or any other non-job factor.

**September**

**MON** Braised Short Ribs  
With Garlic Mashed  
Potatoes

**TUE** Chicken Vesuvius &  
Roasted Potatoes

**WED** Baked Rigatoni With  
Garlic Toast

**THU** Southwestern  
Beef Roll-Up

**FRI** Deep-Fried  
Popcorn Shrimp

All entrees accompanied  
by chef's garniture.

Monday - Friday  
11 a.m. - 2 p.m.  
Served with a trip to  
the salad bar and  
your choice of  
iced tea or coffee.

**\$6.95**

**HARBOR VIEW LUB**  
Sasebo, Japan

September 3-10

## FEATURED PREMIERE

HILARY DUFF CHAD MICHAEL MURRAY



**Rated PG**  
**Romantic Comedy**  
Starring: Hilary Duff,  
Chad Michael Murray,  
Jennifer Coolidge,  
Julie Gonzalo & Regina King

High school senior,  
Sam Montgomery, lives at the beck  
and call of her self-obsessed  
stepmother Fiona and her sinfully  
wicked stepsisters. With her sights  
set on attending Princeton, Sam  
finds her less than sparkling social  
life wonderfully complicated when  
she meets her Prince Charming  
online. But when her anonymous  
cyber soulmate turns out to be her  
high school's popular quarterback,  
Sam makes a mad dash back to  
reality, leaving her cell phone  
behind just before the clock strikes  
midnight. Will Sam let fear hold her  
back, or will she find the courage  
to be herself and claim the life  
she's always wanted?



## SHOWBOAT THEATER

TELEPHONE: 252-3822

Movie Schedule  
subject to  
change without  
notice.

FRIDAY, SEPTEMBER 3	SATURDAY, SEPTEMBER 4	SUNDAY, SEPTEMBER 5	MONDAY, SEPTEMBER 6	TUESDAY, SEPTEMBER 7	WEDNESDAY, SEPTEMBER 8	THURSDAY, SEPTEMBER 9	FRIDAY, SEPTEMBER 10
5 p.m. (PG) *A Cinderella Story	2 p.m. (PG) A Cinderella Story	2 p.m. (PG) Around the World in 80 Days	5:30 p.m. (PG-13) Alien vs. Predator	6 p.m. (PG) A Cinderella Story	5:30 p.m. (PG-13) Bourne Supremacy	6 p.m. (PG-13) Catwoman	5 p.m. (PG-13) White Chicks
7:30 p.m. (PG-13) I, Robot	5 p.m. (PG-13) Dodgeball	5:30 p.m. (PG-13) White Chicks	8:30 p.m. (R) Collateral	8:30 p.m. (PG-13) I, Robot	8:30 p.m. (R) Manchurian Candidate	8:30 p.m. (PG-13) The Village	7:30 p.m. (PG-13) Alien vs. Predator
10 p.m. (R) Manchurian Candidate	8 p.m. (PG-13) I, Robot	8 p.m. (PG-13) Catwoman	SHOWBOAT THEATER SASEBO JAPAN				10 p.m. (R) Collateral

## HARIO VILLAGE THEATER

TELEPHONE: 252-8753

FRIDAY, SEPTEMBER 3	SATURDAY, SEPTEMBER 4	SUNDAY, SEPTEMBER 5	MONDAY, SEPTEMBER 6	TUESDAY, SEPTEMBER 7	WEDNESDAY, SEPTEMBER 8	THURSDAY, SEPTEMBER 9	FRIDAY, SEPTEMBER 10
6:30 p.m. (PG-13) King Arthur	2 p.m. (PG-13) Anchorman	2 p.m. (PG) A Cinderella Story	NO MOVIE SCHEDULED		NO MOVIE SCHEDULED	6 p.m. (PG-13) King Arthur	6 p.m. (PG-13) I, Robot
9 p.m. (PG-13) Alien vs. Predator	6:30 p.m. (PG-13) King Arthur	6:30 p.m. (PG-13) Dodgeball	VILLAGE THEATER SASEBO JAPAN		NO MOVIE SCHEDULED	No scooters, skates, skateboards, strollers or backpacks allowed in theaters.	9 p.m. (PG-13) Bourne Supremacy
	9 p.m. (PG-13) Alien vs. Predator				* = Premiere	No outside food or beverages.	

## ALIEN VS PREDATOR (PG-13)

Starring: Sanaa Lathan, Lance Henriksen, Raoul Bova, Ewen Bremner and Colin Salmon  
Discovery of an ancient pyramid buried in Antarctica sends a team of scientists and  
adventurers to the frozen continent. There, they make an even more terrifying  
discovery-two alien races engaged in an ultimate battle.

## KING ARTHUR (PG-13)

Starring: Clive Owen, Stephen Dillane, Keira Knightley, Hugh Dancy and Ioan Gruffudd  
A reluctant leader, Arthur wishes only to leave Britain and return to the peace and stability of  
Rome. Before he can, one final mission leads him and his Knights of the Round Table to the  
conclusion that when Rome is gone, Britain will need a leader to fill the vacuum. Under the  
guidance of Merlin (a former enemy) and the beautiful Guinevere by his side, Arthur will have  
to find the strength within himself to change the course of history.

## I, ROBOT (PG-13)

Starring: Will Smith, Bridget Moynahan, James Cromwell, Bruce Greenwood and Alan Tudyk  
In the year 2035, robots are an everyday household item and everyone trusts them, except one  
slightly paranoid detective investigating what he alone believes is a crime perpetrated by a robot.  
The case leads him to discover a far more frightening threat to the human race.

## WHITE CHICKS (PG-13)

Starring: Marlon Wayans, Shawn Wayans, Rochelle Aytes, Jennifer Carpenter and Jessica Cauffiel  
After messing up a major drug bust in New York City, two African American FBI agents try to  
impress their boss by volunteering to protect the Wilton Sisters, the heiresses of a hotel empire,  
from a kidnapping scheme during a short trip from JFK to the Hamptons. Deciding to change the  
strategy drastically, the brothers use themselves as bait, wearing lots of pale makeup and  
dresses to pass as the Wilton sisters, while the real sisters are hidden away, safe from harm.  
Now, the agents just have to convince the world that they're actually young, rich, white chicks.

## THE BOURNE SUPREMACY (PG-13)

Starring: Matt Damon, Franka Potente, Brian Cox, Joan Allen and Julia Stiles  
Jason Bourne continues to find himself plagued by splintered nightmares from his former life.  
The stakes are now even higher for the agent as he coolly maneuvers through the dangerous  
waters of international espionage - replete with CIA plots, turncoat agents and ever-shifting  
covert alliances - all the while hoping to find the truth behind his haunted memories and  
answers to his own fragmented past.





#### Mini Triathlon

The Fleet Fitness Center will be happy to sign you up for the big September 12 Mini Triathlon. The competition begins at 8:30 a.m. in the Main Base Pool with a 500m swim, followed by a 15K bike ride and a 4K run across the base. Awards will be presented for top 3 finishers in male and female divisions. For more information, call 252-3588.

#### Labor Day Bowling Tournament

Enjoy four games of 9-Pin No Tap bowling at the Spare Time Recreation Center on Monday, September 6. You must be 18 years or older to participate and it will only cost \$20 to enter. The fun starts at high noon. The highest total pinfall will determine the winner. The total number of participants will determine the prize money. They'll be door prizes galore and a special tic-tac-toe game too! For more information, call 252-3634.

#### Labor Day Golf Tournament

You still have time to sign-up for the Labor Day Weekend Golf Tournament at the Mikawachi Golf Course on Monday, September 6. The modified Stableford scoring system will be used in this singles tournament. Awards go to the top golfer in each handicap flight, plus closest to pins, longest drives and gorillas. Sign up now to reserve a spot. You'll have to pay a \$5 entry fee plus green fees to compete in the tournament. For more information, call 252-3588.

#### Iron Kids Duathlon

Youngsters ages 9 and older are eligible to participate in the Hario Iron Kids Duathlon on Monday, September 6. Age groups have been established for 9 and under, 10-12, 13-15 and 16 and older. Each division will participate in a swim in the pool (50m for 9

and under, 100m for 10-12, 150m for 13-15 and 200m for 16 and older) followed by a run (.5K for 9 and under, 1K for 10-12, 1.5K for 13-15 and 2K for 16 and older). Competition begins at 8 a.m. Awards for 1<sup>st</sup> and 2<sup>nd</sup> place in each age group. For more information, call 252-8960.

#### New Pool Hours

You may want to make a note of the new swimming pool operating hours. Lap swimming is now available at the Main Base pool Monday through Friday from 6 to 8 a.m. and from 11 a.m. until 12:30 p.m. Open swimming at the Main Base pool is allowed Monday through Friday from 4 to 7 p.m. Open swimming is permitted from 11 a.m. until 7 p.m. on Saturday, Sunday and holidays. The Main base swimming pool will close on September 27 for the rest of the season. Open swimming is now available at the Hario Swimming Pool Monday through Friday from 4 to 7 p.m. and from 11 a.m. until 7 p.m. on Saturday, Sunday and holidays. The Hario pool will close on September 7 for the rest of the season.

#### Sea Kayaking Class

If you ever wanted to go kayaking but lacked the skill and confidence to head for the water, now is your chance to go for it. The pros at

the Outdoor Sailing and Adventure Center are offering two Sea Kayaking classes during September so you can enjoy this great outdoor sport safely and with confidence. The 6-hour class, from 10 a.m. until 4 p.m., is only \$35 per person. Classes are scheduled for Sunday, September 12, and Friday, September 24. For more information, call 252-3500.

#### Pro Baseball at Fukuoka

Most serious professional baseball fans agree there is nothing quite like Japanese pro baseball. The quality of players rivals those of U.S. teams and the energy level of Japanese fans is always set at extra high, no matter which team the Hawks may be playing. If you have never seen a Japanese pro baseball game up close and personal then you're in for a treat, as the Travel & Tours Office has arranged another exciting trip to the famous Fukuoka Dome on Saturday, September 11 to see the Daiei Hawks take on the Osaka Buffaloes. Cost is only \$30 (all seats), and that includes transportation to and from the Fukuoka Dome, admission to the game and balloons for the 7<sup>th</sup> inning stretch. It's a great way to spend a Saturday with family or friends. For more information, call 252-3433.

## Living in Japan: Student shines at origami convention

You may know Scott Macri as an E. J. King High School senior who taught origami at lunch time in the library over the summer. You may not know he is an internationally recognized origami innovator, who was a guest instructor at this year's Origami Tanteidan 10th Annual International Origami Convention.

The event was just held in Tokyo 20-22 August, with hundreds of origami enthusiasts attending from as far away as Holland, Spain, England, France, New Zealand, the USA and, of course, Japan.

The organizers of the event, the Japan

Origami Association Society (JOAS), have watched the complexity of the various styles of origami blossom in recent years, and sought to continue that trend with this year's event.

This was the largest attendance for the JOAS to date and the guest speakers discussed the mathematical relations in origami, along with the latest generation of origami which has more three-dimensional aspects.

Many great origami masters attended and were part of a discussion panel. The legends included David Brill, Tom Hull and Eric Joisel.

Besides lectures, the other way the JOAS

members share knowledge and techniques is through classes in which traditional models are taught, or new designs are taught by their creators. Sasebo's own, Scott Macri, submitted three original designs for peer review.

These three original designs are now registered in the JOAS.

Scott's most recent design was chosen for display, and he was invited to teach a class at the convention on how to make his creation. His design was "Jet Fighter", which he taught using the traditional 6"x 6" size paper instead of his specialty of "micro folding" where the paper starts as a square less than 1"x1", and requires a magnifying



SUPERVISORY PROGRAMS  
MANAGER  
FLEET & FAMILY SUPPORT  
CENTER



### NOTES...

#### New Hours

*USO Nimitz Park:*  
Monday through Thursday 10 a.m. - 6 p.m.  
Friday and Saturday 10 a.m. - 9 p.m.  
Sunday 10 a.m. - 6 p.m.

*Fleet Landing:*  
Monday through Friday 9 a.m. - 4:30 p.m.  
Closed Saturday and Sunday unless there is a volunteer.

**Carpet Sale - Harbor View Liberty Room**  
September 10, 3 p.m. to 6 p.m.  
September 11, 10 a.m. to 6 p.m.  
September 12, 10 a.m. to 3 p.m.

**Oriental Deco and Michelle Jewelry Sale - Kiku Tower, Hario**  
September 4, 10 a.m. - 6 p.m.  
September 5, 10 a.m. - 4 p.m.

The Society for Creative Anachronism meets Fridays at 6:30 p.m.

## Betcha didn't know about: Sasebo Harbor Stories

#### Phil Eakins

*Base Historian*

Sasebo harbor ranks as one of the best natural harbors in Japan. It is said to be Japan's largest natural harbor as well. The harbor is fairly well protected from high winds by the surrounding mountains, making Sasebo a safe haven for vessels during typhoon season.

Sasebo harbor encompasses an area of nearly 13 square miles, and ranges in depth from 165 feet at the main entrance to 35 feet in the inner harbor. According to a sign posted along the Higashisonogi to Nagasaki section of the Nishi-Kyushu Expressway, Sasebo harbor is almost on the same latitude as Baghdad (just in case you

were wondering).

There is a small island called Hachino Kojima near the entrance of Yokose cove that can be distinguished easily by the large white cross standing atop the island's peak. A local historian claims Jesuit missionary Father Luis de Almeida, who was granted permission from feudal lord Omura to establish a Christian village near the area, erected the original cross. After the village was destroyed during a government-ordered "religious cleansing" in the late 1500s, the only remnant of the island's cross was the large foundation stone. The prefectural government designated the island as a historical site in November 1941. Twenty years later, in December 1961, historical preservation society members rebuilt the white cross on the same spot.

Have you heard the story of how the 99 Islands area received its name?

Long ago, according to the legend, there were 100 islands outside of Sasebo harbor. One night, the smallest island, Ichiri-jima, was chosen to visit Sasebo to buy sake for a party. Unfortunately, Ichiri-jima was, shall we say, "fond of the drink" and proceeded to drink all the sake, becoming drunk and falling asleep in the middle of the harbor. By the time Ichiri-jima woke up, it was morning and the little island was stuck fast in the harbor, forever apart from his 99 friends.

Worship Services

**Community Chapel, Main Base**  
**Roman Catholic**  
Sun. 9 a.m., Tue.- Fri. 11:30 a.m., Sat. 5:30 p.m.  
**Protestant**  
Sun. 11 a.m.  
**Protestant Sunday Schools**  
Sun. 9:30 a.m.  
**Catholic Catechetical Doctrine**  
Sun. 10:15 a.m.  
**Ladies Bible Study by Beth Moore**  
Wed. 9:30 a.m. & 6:30 p.m.- Music room  
**Christian Men’s Fellowship**  
Every fourth Sat. of the month, 8 a.m., Fellowship Hall.

**Hario Chapel**  
**Protestant (Traditional)**  
Sun. 9 a.m.  
**Roman Catholic**  
Sun. noon  
**Protestant Sunday School**  
Sun. 9:45 a.m.  
**Catholic Catechetical Doctrine**  
Sun. 11 a.m.  
**Ladies Midweek Bible Study**  
Wed., 9 a.m.  
**Youth Drama Group**  
Sun. 1:30 p.m.

Lay Congregations

**Episcopal Worship Service (Hario)**  
Sun. 5 pm. FMI <http://culdee.org>  
**Firebrand Holiness Service (Hario)**  
Sun. 2 p.m. FMI 252-7323  
**Church of Christ (CEC)**  
(non-instrumental), Sun. 10 a.m. at Main Base FMI 252-8122  
**Jewish Community**  
Contact Religious Ministries at 252-3380 FMI  
**Nichiren Daishonin’s Buddhism (SGI-USA)**  
Sat. 1 p.m. at the Community and Education Center (CEC). FMI 252- 8165  
**New Life Christian Fellowship (CEC)**  
Sunday School- 12:15 p.m. MB, Sunday Worship Service- 1 p.m. MB, Adult Bible Study - Fridays, 6 p.m. Hario. Prayer Meeting- Wed., 6 p.m., Hario. FMI 252-7332  
**Ladies Bible Study (CEC)**  
Tuesday 6:30 p.m.- Music Room  
FMI call 252-8632  
**Family Bible Study (Hario)**  
Wednesdays 7 p.m. FMI call 252-8632

**Off-base Congregations**  
**Greater Harvest Holiness Church of God in Christ**  
Located in Daikoku-cho. Sun. 11 a.m. FMI 090-1517-7712  
**Church of Jesus Christ of Latter Day Saints**  
Missionary- 252-8279  
**Lighthouse Baptist Church**  
Sun. 11 a.m. & 6 p.m. Wed. 7 p.m. FMI, 33-9011 or 090-8914-8319.  
**International Christian Assembly**  
Assemblies of God; Sun. 10:30 a.m. & 5:30 p.m. FMI, 28-4063.  
**Iglesia Ni Cristo**  
252-2363 During working hrs.  
252-8453 After working hrs.

AFN-TV Schedule  
Sept. 4-Sept. 10

The following schedule is an abbreviated schedule. For a full schedule, please log on to [www.myafn.net](http://www.myafn.net) or check AFN Channel 5.

	News	Spect.	Pac.	Atlan.	Sports
Sat. Sept. 4	8 a.m. ABC World News Tonight 11 a.m.-The News Hour 4 p.m.- Night Line 6 p.m.- CNN Live 8 p.m. - CNN Saturday Morning	9 a.m. - Clean House 2 p.m. - Antiques Road Show 6 p.m. - What Not to Wear 8 p.m. - Crossing Jordan	8 a.m. - Chalk Zone 1p.m.- Headline News 3 p.m. - Star Trek 8 p.m. - C.S.I.	7:30 a.m. - Access Hollywood 1 p.m. - Headline News 4 p.m. - Jimmy Neutron 8 p.m - WWE Raw 10 p.m.- C.S.I.	9 a.m.- NFL (Teams T.B.A.) 3 p.m. - SportsCenter 4 p.m.- MLB 11 p.m. - SportsCenter
Sun. Sept. 5	9 a.m. - Washington Week in Review 11 a.m.- CNN Saturday Night 4 p.m. - Headline News 10 p.m.- CBS News Sunday Morning	12 p.m. - Suze Orman Show 4 p.m.- J.A.G. 7 p.m.- Hope & Faith 10 p.m. - Friends 11 p.m. - Mad TV	1 p.m.- Ladies & the Champ 8 p.m. - Hunter 11 p.m.- That 70’s Show 11:30 p.m.- Access Hollywood	8 a.m.- Saturday Night Live 1 p.m.- Celebration of Victory 4 p.m.- Ladies & the Champ 8 p.m. - College Football	10 a.m. - College Gameday 4 p.m.- Boxing 8 p.m.- NASCAR NEXTEL Cup Series 11 p.m. - The Sports Reporters
Mon. Sept. 6	7 a.m. - Tim Russert 9 a.m. - This Week 12 p.m. - CNN Presents 7 p.m.- Next @ CNN 10 p.m. - Headline News	10 a.m. - Designer’s Challenge 1 p.m. - Charmed 4 p.m. - ER 7 p.m. - Weddings Gone Wild 10 p.m. - Friends	1 p.m.- Access Hollywood 4p.m.- DragonFly TV 5 p.m.- Jeopardy! 7 p.m.- 60 Minutes 10 p.m - Pacific Report	8 a.m. - NASCAR NEXTEL Cup Series 1 p.m. - Headline News 3:30 p.m. - Wheel of Fortune 8 p.m. - Today	9 a.m. - College Football 3 p.m. - SportsCenter 4 p.m.- MLB 8 p.m. - Baseball Tonight
Tues. Sept. 7	10 a.m.- Hannity & Colmes 12 p.m.- BET Nightly News 3 p.m. - Paula Zahn Now 7 p.m.- The O’Reilly Factor	10 a.m. - Best for Less 1 p.m. - Charmed 7 p.m. - Monk 11:30 p.m. - Blind Date	1 p.m. - Access Hollywood 4 p.m. - Lizzie McGuire 7 p.m. - Armageddon 10 p.m. - Pacific Report	9 a.m. - College Football 1 p.m. - Headline News 4 p.m. - Dr. Phil 8 p.m. - Today Show 11 p.m. - Lizzie McGuire	8:30 a.m. - NCAA College Gameday 1 p.m.- NFL Total Access 4 p.m. - PGA 8 p.m. - U.S. Open Tennis Championship
Wed. Sept. 8	8 a.m. - ABC World News Tonight 12 p.m.- BET Nightly News 2 p.m. - News Night w/ Aaron Brown 7 p.m.- The O’Reilly Factor	10 a.m. - Sensible Chic 2 p.m.- Ally McBeal 7 p.m. - The Amazing Race 10 p.m. - Friends	9 a.m. - Blue’s Clues 1 p.m. - Access Hollywood 4 p.m. - Popular Mechanics For Kids 9 p.m.- Las Vegas	9a.m.- MLB 1 p.m. - Headline News 4 p.m. - Dr. Phil 7 p.m. - Headline News 8 p.m. - Today Show	3p.m.- SportsCenter 4 p.m.- College Football 7 p.m. - SportsCenter 8 p.m. - MLB
Thurs. Sept. 9	9 a.m. - Countdown w/ Keith Olbermann 12:30 p.m. - Nightly Business Report 3 p.m. - Paula Zahn Now 6 p.m. - 60 Minutes	9 a.m. - 30 Minute Meals 2 p.m.- Ally McBeal 6 p.m. - The Simpsons 7 p.m.- One Tree Hill	9 a.m.- Play With Me Sesame 4 p.m. - Yu-Gi-Oh! 7 p.m. - MTV Video Music Awards	11 a.m.-Sports Special 1 p.m. - Headline News 4 p.m. - Dr. Phil Show 8 p.m. - Today 11 p.m. - Yu-Gi-Oh!	8 a.m. - U.S. Open Tennis Championship 4 p.m. - College Football 8 p.m. - Toyota World Cup of Hockey
Fri. Sept. 10	2 p.m. - News Night w/ Aaron Brown 5 p.m. - Hardball w/ Chris Matthews 6 p.m. - CNN News 8 p.m. - Good Morning America	8 a.m. - Emeril Live 2 p.m. - Alley McBeal 6 p.m. - The Simpsons 7 p.m. - Charmed 9 p.m. - Crocodile Hunter	1 p.m. - Access Hollywood 4 p.m.- The Fairly OddParents 7 p.m. - ABC Monday Night Football (Teams TBA)	1 p.m. - Headline News 3:30 p.m. - Wheel of Fortune 8 p.m. - Today 11 p.m. - Fairly OddParents	8 a.m. - College Football 4 p.m.- NASCAR Craftsman Truck Series 8 p.m. - MLB

Non-Profit Organizations

**Al-Anon**  
090-8229-7048, 090-9602-4353

**Alcoholics Anonymous**  
090-9602-4353, 090-8229-7048

**CFAS Wardroom Association**  
252-3452

**CPO Association**  
252-3521

**Exceptional Sailor Program**  
CFAS E-4 and below, 252-3385

**Filipino American Association**  
252-8361, 080-3228-5809

**Guardian Angels**  
Spouse support group. 090-5945-2150

**Navy League, Sasebo Council**  
252-3109

**Nippon Lodge Number 9**  
252-3481  
**Officers’ Spouses’ Club**  
252-7345

**Sasebo Bluejackets Association**  
E-1 to E-6 personnel. 252-3481  
**Sasebo Eagles Little League Club**  
<c30-dd@cfas.navy.mil>  
**Sasebo First Class Association**  
Shore Duty E-6's. 252-2181/3347  
**Sasebo Homeschool Support Group**  
252-8195, 0956-58-7875  
**Sasebo Wrestling Club**  
252-2801  
**Thrifty Treasures**  
252-8940  
**USS Essex Family Support Group**  
0956-32-2177  
**USA Girl Scouts Overseas**  
0956-49-5273  
**USO**  
252-3959

Community  
Numbers  
Branch Medical

**Hours of Operation**  
Monday & Friday 8:30-11:30; 12:30 - 4 p.m.  
Tuesday & Thursday 7:30-11:30; 12:30 - 4 p.m.  
Wednesday 8:30-11:30  
Appointment Line: 252-2550  
Hario Annex Clinic: 252-8770  
Online Medication Refill: <[www.nhyoko.med.navy.mil](http://www.nhyoko.med.navy.mil)>  
TRICARE Health Line: 005-3111-4621  
TRICARE Enrollment: 252-2572

**EMERGENCY NUMBERS**  
On Base: 9-1-1  
Off Base: 0956-23-9911  
Patient Comment Line: 252-2536  
Or send e-mail to: <[SASOIC@nhyoko.med.navy.mil](mailto:SASOIC@nhyoko.med.navy.mil)>

Branch Dental

**Hours of Operation**  
Mon.-Tue., Thu.-Fri. 7:15 - 4 p.m.  
Wed. (Hario closed) 7:15 - noon  
Sick Call 7:15 - 9 a.m.  
Main Base: 252-3886  
252-3747  
Hario: 252-8977  
**EMERGENCY NUMBERS**  
After Hours: 252-2550  
252-2551  
Cell: 080-5059-6754

CFAS Security

Lost and Found 252-2392  
Desk Sergeant 252-3446 or 3447  
Security Operations Officer 252-2371  
Security Administration 252-2386

Fire Department

Business lines  
Information/Dispatcher 252-3408/3518  
Dispatcher 252-2144  
Fire Chief 252-2147  
Prevention Chief 252-2139  
Training Chief 252-2149  
Fire Prevention Offices  
Main Base & Hario 252-2142/2163  
Ordnance Area 252-2162  
FISC Areas 252-2166

**EMERGENCY NUMBERS**  
On Base: 9-1-1  
Off Base: 0956-23-9911

Other numbers

Command Chaplain 252-3380  
Fleet & Family Support Center 252-3604  
CFAS Quarterdeck 252-3311  
Navy Relief Society 252-3366  
CFAS Public Affairs (Shore-based commands) 252-3409  
CTF-76 Public Affairs (Sea-based commands) 252-2131  
USO 252-3959  
Navy Lodge 252-3608  
AFN 252-3869  
1575 Thunder Radio 252-1575  
Command Connections 252-2290



# Officer Scholarship Program now accepting applications

Naval Education and Training  
Command Public Affairs

The Navy is now accepting applications for the 2005 Officer Scholarship Program. Under the program, officers enroll in graduate school on a full-time basis, receive full pay and allowances, and are reimbursed for permanent change-of-station costs.

“This can be an excellent way to pursue a graduate degree,” said Billie Colonna, Officer Special Education Programs manager. “Many of the top universities actually recruit scholars, and there are scholarships available for those who search. We currently have program participants at M.I.T., Oxford, Johns Hopkins and Purdue, to name a few schools.”

Tuition must be paid by a non-Navy funded scholarship obtained by the service member. The scholarship must be equal to or greater than 50 percent of tuition costs, and Veteran’s Administration benefits, such as the Montgomery GI Bill, can be used in conjunction with the scholarship.

Officers must be available to start studies before Sept. 30, 2005, and have 24 months or less to complete their coursework.

Candidates will be selected based on performance records, needs of the Navy, promotion potential, academic qualifications and field of study. Designator and subspecialty of individual applicants will determine areas of study available through the program.

Applicants must receive approval from their commanding officer. Officers receiving command endorsement should forward application packages to the Commanding Officer, Naval Education and Training Professional Development and Technology Center (NETPDTTC), Code N2A2, 6490 Saufley Field Road, Pensacola, Fla., 32509-5204. Deadline to apply for the Officer Scholarship Program is Sept. 10, 2004.

Selected applicants will incur an additional obligated service equal to three times the length they were in the program, served concurrently with any other obligated service they may have. Specific guidelines, additional requirements and detailed program information can be found in NAVADMIN 192/04 and OPNAV Instruction 1520.24B.

## AFN revises radio schedule

AFN has changed the radio schedule. Below is the updated schedule, with all-new times and formats.



Sunday		Format/Feed	
Midnight		Bright AC	
7 a.m.		Religious Program	
10 a.m.		Focus on the Family	
10:30 a.m.		The Health Show	
11 a.m.		It's Only a Game	
Noon		American Country	
4 p.m.		NPR Jazz Profiles	
5 p.m.		Classic Rock	
7 p.m.		Z Rock Top 50	
Weekdays		Format/Feed	
Midnight		NPR Morning Edition	
2 a.m.		The Touch (Urban)	
4 a.m.		Jim Rome Sports Talk	
5 a.m.		Rush Limbaugh	
6 a.m.		Top 40 Mix (Live)	
9 a.m.		Bright AC	
10 a.m.		Thunder Cafe	
1 p.m.		Bright AC	
3 p.m.		The Rush Top 40 Mix	
6 p.m.		Z-Rock (Alternative)	
9 p.m.		Country	
Saturday		Format/Feed	
Midnight		Bright AC	
7 a.m.		All Things Considered	
8:30 a.m.		51 Percent	
9 a.m.		Oldies	
10 a.m.		Car Talk	
11 a.m.		Journalist Specialty	
1 p.m.		Rick Dees Top 40	
4 p.m.		Nuestra Musica	
5 p.m.		Latino USA	
5:30 p.m.		Country	
7 p.m.		RocDoc's Classic Rock	
9 p.m.		Urban	

## Safety Tip: Typhoon readiness important in event of storm

Charles Carr  
CFAS Safety Department

When a typhoon threatens your area, you must decide whether to evacuate or ride out the storm at home.

Listen to the radio for weather advisories, and if authorities recommend evacuation for your area, leave promptly. You also should leave if you know your home is not structurally sound or if it is in an area that continually floods or is near a stream or river likely to overflow in heavy rainfall.

If you need to seek emergency shelter, wait for notification from Fleet Activities Sasebo (CFAS) officials on shelter locations. Keeping shelters well stocked with canned goods, water and other essentials is also a good idea.

Public shelters are set up as a temporary, emergency means of caring for people. A shelter's primary function is to provide a roof over your head.

Food, blankets and amenities may not be available. Pets, weapons, alcoholic beverages and illegal drugs are not allowed in shelters. Smoking may be banned.

If you go to a shelter, travel light. Put everything into a portable disaster kit,

including: Non-perishable food, drinking water (two to four quarts per person per day) valuable papers such as your driver's license or other identification, bank books, insurance policies, property inventory and photographs, eating and cooking utensils, can and bottle openers toiletries and sanitary supplies, medications, prescriptions, important medical information, eyeglasses, cleaning solution for contact lenses, hearing aids, and walking aids, rope, portable radio with extra batteries, flashlight with extra batteries, blanket or sleeping bag for each person and small valuables such as photographs.

Here are some tips to remember if you have to leave your home before or during a typhoon; Unplug all electrical appliances and machines and store them as high as possible. Turn off electricity at all breakers plus the main switch. Label breakers to identify what the lines carry.

Store toxic materials as high as possible in the most protected area available. Keep them out of children's reach and lock them up if possible.

Agree with family members on a location to meet or a means of reaching one another with messages if you become separated.

# NAVY PFM

Personal Financial Management

## BUILD YOUR DREAMS

Thrift Savings Plan

### FFSC offers the following Financial Classes and Services:

- ☑ Checking Account Management
- ☑ Credit Management
- ☑ TSP Program Awareness
- ☑ Car Buying Strategies
- ☑ Home Buying Workshop
- ☑ Savings & Investment Workshop
- ☑ Kids Financial Planning Workshop
- ☑ Command Financial Specialists Training
- ☑ Individual Financial Counseling

For more information on FFSC's financial classes and services, call 252-3604/3121.



# Base, community announcements

## Religious Ministires

The Jewish High Holiday of Rosh Hashanah begins on the evening of Wednesday, September 15 and ends on Friday September 17. This year the Jewish community of Sasebo is planning to observe the holiday in Seoul, Korea. If you are observant, you can get no cost TAD orders to go to Seoul. Room and meals will be free to active duty members and their family; however, you will have to pay for the flight to Seoul. If you are interested, please contact LT Polansky at 252-3747 or the Chaplain’s Office no later than Thursday, August 26.

## Sasebo Homeschool Support Group

Families that are homeschooling their children can sign up now for group Physical Education classes and Host Nation Classes at Hario for the new school year. Join the Homeschool support group for picnics,field trips, friendship and support. For more information call Mary 252-8195 or Kathleen at 0956 58 7875.

## Base Communications Office

New dialing procedure for all customers will be implemented effective September 1, 2004. To place an international call, dial 99 + country code + area code + phone number . For domestic calls to off-base numbers, dial 99 + Japan area code + phone number. To place a call to a cellular phone, dial 99-090. This will be a uniform (99) dialing procedure for all official and unofficial customers effective September 1, 2004. Due to this change, residential and organizational customers will now have one monthly bill for local and long distance calls. BCO monthly telephone bill will include international call charges starting with the bill for October 2004. Due to this change only two classes of services will be available: (1) With commercial access (both local and international) or (2) on-base only. Customers are also reminded of the Direct Inward Dialing system, which was activated on June 15, affecting dialing from off-base, out of Japan, a cellular phone or a Japanese pay phone to any on base number. The old procedures will remain operational until December 31, 2004. Customers are encouraged to use the new procedure as follows: From off base and within the Sasebo area, using the last four digits of the number, dial 50. From off base and out of the Sasebo area, dial 0956-50. From the U.S., using the last four digits of the number, dial 011-81-956-50. For more information about these services, please call 252-3200.

## Voting

If you are already a registered voter and would like to vote in the Primaries for your

state you will need to send out your absentee ballot two weeks in advance of the election day. If you have registered but have not yet recieved your absentee ballot see the Staff Judge Advocates Office for assistance. For those who would like to register but have not yet done so please see the SJA’s office.

The State Primaries for September are Arizona and Nevada September 7, Delaware September 11, Washington D.C., Massachusetts, Minnesota, New Hampshire, New York, Rhode Island, Vermont, Washington and Wisconsin September 14, Hawaii and Lousiana September 18. For more information contact the SJA’s office at 252-3385.

## Harpers-Ferry Family Support Group

The USS Harpers Ferry Spouse Support Group meets the third Friday of each month at the Harbor Cafe at 5 p.m. If you are a Harpers Ferry spouse, please join us. Kids are welcome. Have some coffee and find out what’s going on.

## Fort McHenry Family Support Group

There will be a pool party on Saturday August 28 at the Main Base Pool from 7:30 pm to 10 pm. Please bring your favorite picnic dish to share. For these events to be successful, we need our families to participate. Please come and join us for these fun family summer activities. For more information please contact the care line at 252-8022.

## Juneau Support Group

The USS Juneau Family Support Group meets the second Thursday of every month starting in June, at the coffee shop in Harbor View Club from 6 - 7 p.m. If you are a Juneau spouse, please join us to meet and greet one another. Kids are welcome.

## Essex Family Support Group

The USS Essex Family Support Group meets the third Tuesday of each month at the Community and Education Center in the Fellowship Hall at 6 p.m. Children are encouraged. Please bring a potluck dish to share. For more information call 0956-32-2177.

## NEX Notes

### Introducing the Navy Exchange Gift Card

The new Navy Excahnge Gift Cards will replace the paper Gift Certificates previously used by NEX. Gift Cards can be used at any NEX world wide. Please read the following

Frequently Asked Questions. For more information, call 252-2496 Customer Service Desk.

### Frequently Asked Questions

*What are the dollar amounts that can be loaded onto a NEX Gift Card?*  
Dollar amounts from \$5 to \$1500.

*Do NEX Gift Cards expire?*

Yes, the NEX Gift Card account number has a typical lifespan of nine years. This is a system requirement of our contract provider. Another important point on NEX Gift Cards is that an activated gift card after two years of non-use will automatically incur a \$2 monthly service fee until used or until the card balance reaches zero.

*Can the NEX Gift Card be recharged or have more value added onto it?*

Yes, Our NEX Gift Cards can have value added onto them in any dollar increments of \$5.00 or more up, to \$1500.

*Can a NEX Gift Card be reused, recharged if the current card balance reaches zero?*

Yes, a NEX Exchange Gift Card can be reused, recharged so long as the zero account balance does not exceed 30 days.

*If a customer has a number of NEX Gift Cards that they want to be consolidated onto one NEX Gift Card can this be done?*

Yes.

*What money tenders are acceptable for a NEX Gift Card purchase?*

Cash, Check, Traveler’s Check, Money Order, Military Star, Visa, Master Card, Discover, American Express, Gift Certificate, Gift Card and Foreign Currency (where acceptable).

*Can a NEX Gift Cards be used to make a payment for Military Star Card or as repayment on a returned check?*

No.

*What transactions can NEX Gift Cards be used for?*

Sales of merchandise and services including fees, for layaway payments and fees and special orders. NEX Gift Cards cannot be used to purchase money orders or Western Union products.

*Will the NEX Gift Card be used for refunds?*

Yes, the NEX Gift Card will be used for all refunds for which the customer does not have a receipt. Any refunds without receipt less than \$5 should be refunded in cash. A NEX Gift Card could also be offered for refunds with receipt at the customer’s option.

*Will the purchase of a Gift Card provide a Gift Card receipt?*

Yes, in addition to the customer’s regular receipt a special gift card receipt will be provided showing the initial purchase value of the NEX Gift Card. If a customer makes multiple purchases of gift cards, each gift card purchase will generate a gift card receipt in addition to the customer’s general NEX receipt.

*Can more than one NEX Gift Card be used to make a purchase?*

Yes, simply after processing the first gift card repeat the process with the customer’s second, third, etc.

*How quickly is an NEX Gift Card purchase or redemption processed?*

NEX Gift Card transactions are done in real time, gift card value is effected immediately.

*A NEX Gift Card Will be replaced if it is lost by the customer?*

Unfortunately, no, the gift card is a financial instrument that should be treated like cash.

# Birth Announcements

A service of FFSC New Parent Support and *Sasebo Soundings*

### Teato Ide Aguinaga

Born at 8:33 p.m. on 19 July in Dr. Higashijima’s Ladies Clinic to Mother, Manami Ide Aguinaga, and Father, OS2 Carlos Aguinaga of Sasebo’s FFSC. Teato weighed 7 pounds 5 ounces at birth and he is the Aguinaga’s first child.

### LeAundra Renae Ann Wood

Born at 6:20 a.m. on 19 July in Dr. Higashijima’s Ladies Clinic to Mother, HM3 Tracy L. Wood, and Father, HM3 Robert Wood, both of Sasebo’s Branch Medical Clinic. LeAundra weighed 5 pounds 11 ounces at birth. Big brother, Robert Jr., is excited about having a little baby sister.

### Chester John B. Castillo

Born at 9:26 p.m. on 9 August in Dr. Higashijima’s Ladies Clinic to Mother, Faye Amor B. Castillo, and Father, PO1 Dante M. Castillo of USS Essex Supply Department. Chester weighed 8 pounds at birth. He is the Castillo’s first child.

### Angel Ionel James

Born at 11:57 a.m. on 18 August in Dr. Higashijima’s Ladies Clinic to Mother, Ionela James, and Father, GSE3 Jehiel S. James of ACU-5. Angel weighed 7 pounds at birth, and he is the first child for the James family.

### Asia Louise Bond

Born at 4:48 p.m. on 25 August in Dr. Higashijima’s Ladies Clinic to Mother, Ruby Rose Bond, and Father, Ensign Andrew Lavern Bond of USS Essex (LHD-2). Asia weighed 9 pounds 7 ounces at birth. Siblings Carlos, Miranda, and Blair-Noelle are helping Mom take care of their new baby sister.

*Congratulations to these proud parents and welcome to this wonderful new addition to our Sasebo Navy family.*

See LaDonna Kolman, FFSC-Sasebo New Parent Support Nurse, to have your baby’s birth announced in *Sasebo Soundings*.



# CLASSIFIEDS

## VEHICLES

(Exp. Sept. 4) **1992 Toyota Estima Van**, JCI '05, asking \$2700 obo. Call Lara at 090 8419 8985 or 252-7403.

\*\*\*\*\*

(Exp. Sept. 11) **1994 Eunos Van**, JCI '06. Call 252-8191 or 090 1368 6271.

\*\*\*\*\*

(Exp. Sept. 11) **1993 Toyota Sprinter**, JCI '06, asking 1900. Call Rob 252-3088 or 090 9324 8854.

\*\*\*\*\*

(Exp. Sept. 11) **1992 toyota Estima**, JCI '06, asking \$1000. Call 252-8614.

\*\*\*\*\*

(Exp. Sept. 11) **1994 Eunos**, JCI '06, asking \$2500. Call 090 1368 6271 or 252-8191.

\*\*\*\*\*

(Exp. Sept. 11) **1996 Toyota Corsa**, JCI '06, asking \$1600. Call 252-8474 or 080 3223 0679

\*\*\*\*\*

(Exp. Sept. 11) **1992 Mazda Eunos**, JCI '05, asking \$2200. Also selling, **1993 Honda Accord**, JCI '04, asking \$1800. Call Brenda at 090 2960 3520.

\*\*\*\*\*

(Exp. Sept. 18) **1992 Honda Vigor**, asking \$500. Call 080 5211 0519.

\*\*\*\*\*

(Exp. Sept. 18) **1995 Toyota Marino**, JCI '06, asking \$2500. Call 080 5019 2534.

\*\*\*\*\*

(Exp. Sept. 18) **1994 Nissan Pulsar**, JCI '06, asking \$2500. Call Harland at 252-3473, 49 9737 or 090 5483 2135.

\*\*\*\*\*

(Exp. Sept. 18) **1988 Toyota**, JCI '06, asking \$850. Call 252-8126.

\*\*\*\*\*

(Exp. Sept. 18) **1989 Mazda Eunos**, JCI '04, asking \$4000. Also selling, **1997 Nissan March**, JCI '05, asking \$2000. call Dawn at 252-7391 or 090 5949 3165.

\*\*\*\*\*

## LOST AND FOUND

CFAS Security has several unclaimed lost & found items, including cell phones, keys, eyeglasses, backpacks, clothing items, jewelry, ATM cards, wristwatches, ID cards and personal items.

If you are missing any items of this type, please stop by the Security Office (next to the front gate) or call 252-2392 to claim your property.

\*\*\*\*\*

## MISCELLANEOUS

(Exp. Sept 4) Transformer for electronics in asking \$60. Call Katherine 252-8536.

\*\*\*\*\*

(Exp. Sept 4) Phone rights asking \$300. 1 transformer \$75. 2 transformers \$100. Please call 252-7404 or 090 20 88 4149.

\*\*\*\*\*

(Exp. Sept 4) Phone rights, wood baby crib with mattress, stroller and carseat combo, baby bath, towels, wash-cloths, and receiving blankets. Make me an offer! Please call 252-8284.

\*\*\*\*\*

(Exp. Sept 4) Free wood Playhouse for backyard. Call 090 1368 6271.

\*\*\*\*\*

(Exp. Sept 4) Toddler sleigh bed and custom built twin bed frame with boxspring. Baby bathtub, baby back carrier and case, monitor, carseat/stroller combo. Call 252-8202.

\*\*\*\*\*

(Exp. Sept 4) Celviano electric piano 52 keys asking \$750 OBO. Call Arcy 252-8563.

\*\*\*\*\*

(Exp. Sept. 4) Vagabond 42ft sailboat, ketch-rigged and center cockpit. Main cabin with king-sized beds and twin bunks in the second cabin. Two head showers. Propan fireplace/heater. Large galley with three burner-propane stove, oven, microwave, and refrigeration. 85hp Ford Lehman diesel engine, watermaker, full electronics and much, much more. Asking \$120,000. Call 090-3882-8616 or email at secondwind53@hotmail.com

\*\*\*\*\*

(Exp. Sept. 4) Bicycle that adjusts for any person. Includes helmet, tire pump, and Master lock w/key. Asking \$50. Call 090-5483-1475.

\*\*\*\*\*

(Exp. Sept. 11) Phone right for sale \$200 obo. Call Dawn at 252-7391 or 090 5494 3165.

\*\*\*\*\*

(Exp. Sept. 11) Baby boy clothes newborn sizes to 2T. Baby shoes sizes newborn to 6. Toilet trainer, walker, gym, diaper changer, playpen, double stroller, swing and toddler desk, package deal, asking \$100. Baby trend, sit'n stand double stroller, asking \$75. Two artificial greenery plants asking \$70. Womens clothing for all seasons, sizes eight through twelve. Three full boxes, package deal asking \$50. Ladies shoes size seven and a half. Curtains for master bedroom, guest room and dining room in the three bedroom tower, package, asking \$100. Call Grace at 252-8614.

(Exp. Sept. 11) Hiking/Cycling backpack Deuter Futura-28 w/air cooling frame and rain fly \$50. Large Lowe Alpine technical pack w/axe loops and compression straps \$50. Extra large pro model scuba fins \$60. Four metal Bose speaker stand \$70, Two Aura car audio bass shakers

\$50, Coleman 11 oz backpacking stove \$25, Large Kenmore microwave/convection oven \$100, Computer chair w/rollers ergonomic knee rest no back \$20, Panasonic HT700 home theatre DVD carousel, speakers and subwoofer \$175. Call Rob Brown at 909 5479 1045 or email <rob0brown@hotmail.com>.

\*\*\*\*\*

(Exp. Sept. 11) Two large rugs 140 \* 103 \$50/each. Two Kerosene jugs w/battery operated pump \$20/both. Self Study Kana workbook \$15. Learn Japanese software \$10. Swiffer jetset \$5. Call 252-8191 or 090 1368 6271.

\*\*\*\*\*

(Exp. Sept. 11) Seiko Kinetic Divers watch asking \$350. Pearl Diamond ring asking \$110. Mens wedding band asking \$50. Ruby ring with diamonds asking \$700. Email <Greg.amori72@aol.com>.

\*\*\*\*\*

(Exp. Sept. 18) Phone rights for sale \$220. Call Chris 252-3449 or 080 1925 0315.

\*\*\*\*\*

(Exp. Sept. 18) Tripple dresser nine drawers w/large mirror \$200. Lazyboy recliner rocker chair asking \$80. Heated roller set \$10. Like new kids castle set, for ages one through four years toddler safe, asking \$10. Georgia O'Keefe print w/ decorative frame \$20. Call 252-7186.

\*\*\*\*\*

(Exp. Sept. 18) Used fisher price double stroller \$45. Call Jennifer 252-8359.

\*\*\*\*\*

(Exp. Sept. 18) Wanted baby bike seat or pull behind cart. Call 252-8202.

\*\*\*\*\*

\*\*\*\*\*

## HOME BUSINESS

### IMPORTANT INFORMATION!

Home-based businesses require CFAS approval, and WON'T be advertised in the Sasebo Soundings without it. Applications for Command approval are available through the SJA office, Bldg 80 or call 252-2103 FMI.

\*\*\*\*\*

P.A.W.S. Pet Rescue Organization. If anyone desires a pet, please call sandra Hombeek at 090 5024 7139 to inquire about puppies or dogs and Itura at 252-7322 to inquire about kittens or cats. If anyone needs to find a home for a pet, please only contact us if you still have your pet after you've advertised at least two weeks in the Soundings. Donations are always welcomed and may be left at Paws and Claws with Karrie or Sandra.

\*\*\*\*\*

New English instructor in Sasebo. Possesses Bachelor's Degree in Communications. Scheduling classes now for all age groups. Availability is limited, so call now. Hario. 080-3223-9162 or 252-8555.

\*\*\*\*\*

Pampered Chef Consultant. Hello. My name is Florence Franks and I am a consultant in your area. BOOK YOUR SHOW TODAY and receive a gift for hosting your show, 10% discount card good for one year, bonus points for FREE Products & more...New Spring/Summer Catalog available. New Products. Call me anytime @ 080 5201 7164 or ext.7302. Thank You.

\*\*\*\*\*

Several locals interested in meeting learning partners; you share a little English and in turn, they'll teach you Japanese. No monies exchanged. <mauri@post.cc.sasebo.ac.jp> or 31-2863.

\*\*\*\*\*

Experienced in teaching children and adults, will provide private English lessons to single students or groups. Morning and weekend classes available. Call Gina at 252-7264 or 090 4221 9211.

\*\*\*\*\*

Want to learn conversational English? I offer lessons in my home for individuals, groups, children or adults. Day or early evening lessons times available. Main base. Please call 252-7186 or 080 5050 6010.

\*\*\*\*\*

American Cooking Class. Practice your English and learn to cook traditional American foods at the same time! Day and evening classes are available. Call Nina at 080 5211 0174.

\*\*\*\*\*

Experienced Math Tutor. Does your child need some additional help learning math? Can tutor all levels (from elementary to high school). For adults, college algebra tutoring is also available. Individuals or groups are welcome. Please contact Nina via email <ninasilverman@hotmail.com> or call 080 5211 0174 to set up a lesson.

\*\*\*\*\*

Exerience in teaching English to non-native speakers. Will work with individual or group. Flexible hours. Call me at 252-8169.

\*\*\*\*\*

French Language tutor contact Pierre at 090 3734 3509 or email <cramoisiti@hotmail.com>

\*\*\*\*\*

Stars and Stripes delivers to your on base post office box. As a service to Stripes readers, the Sunday edition of Stars and Stripes is offered seven days a week. Look for the specially designated vending machines at the following locations: Bayside Food Court, Main Base Post Office, McDonald's and the Hario Home Store. FMI, we

are located in Bldg PW-47, first floor, across the hall from the Navy Legal Services Office (NLSO), or call us at 252-3890.

\*\*\*\*\*

Pacific Pixels Photography Specializing in family, silhouette and kimono studio/outdoor photography. Also, modeling package for Japanese modeling agency. Professional and personable; quality portraits that will give lasting memories. A time to have a relaxing time and enjoy a true professional photography experience. Photo session begins at \$35.00. Packages begin at \$45.00. Some packages include CD of photos and postcards. Call Shirley at 252-7158 or e-mail <shirley@pacificpixels.com>

\*\*\*\*\*

Child Find is a DoD program which actively seeks to locate and identify children through the age of 21, who may need developmental or education or related services. If you think your child has a disability, call 252-3600 (EJ King School), or 252-8800 (JN Darby School).

\*\*\*\*\*

English Language Instructor-Call for lessons at 25-6563.

### Just to note...

- 1) Classifieds run for three consecutive weeks. **Home Business Classifieds** run until further notice from either CFAS or advertiser.
- 2) Submission deadline for next *Sasebo Soundings Classifieds* is **Tuesday, 5 p.m.** at [soundings@cfas.navy.mil](mailto:soundings@cfas.navy.mil)
- 3) Advertisers are responsible for ensuring their ads are updated as necessary.
- 4) Home business ads are approved by CFAS through the SJA office and CSO. Ads will not be run without a copy of CSO's signed *Request to Engage in Private Employment*.
- 5) **ONLY SOFA-SPONSORED PERSONNEL MAY ADVERTISE IN SASEBO SOUNDINGS CLASSIFIEDS!**

Sasebo Soundings Editor

\*\*\*\*\*

Language Instructor-Japanese or English, private and group rates. Children and adult classes at your convenience. FMI call 34 7957.

\*\*\*\*\*

Are you concerned about your child's growth, health, motor skills or development? Early Intervention Services offers services to children from birth to age 3 and their families. These services may include help with communication problems, behavioral concerns, motor skills, delayed growth & development etc. FMI, call EDIS at 252-3888.

\*\*\*\*\*

Today's Memories by DeMauro. From portraits to parties. We cover it all, we're MD Photography. Give us a call. 252-8147. Check us out on the web at <www.mdphotography.net>

\*\*\*\*\*

ADSL/Broadband setup and computer support; As the former USONet Manager, I can help you get started with faster internet access by setting up your ADSL or Broadband connection-set up fee is \$60. If you do not have a network card installed, no problem I can install one for you. Also, if you need computer support, I only charge \$50, for the first hour and \$25 for each additional half hour. Call Ernest Perez 252-8687 or 090 8394 6907 for an appointment.

\*\*\*\*\*

Learn conversational English in Hario or at your home. Lessons for children, adults, individuals and groups. Call 252-8300 or 090 9604 3996.

\*\*\*\*\*

Piano Insructor, four year degree in Music, four years experience. Children and adults welcome. Flexible schedule. Call Kristina at 252-8310 or 080 3223 8943.

\*\*\*\*\*

Theraputic massage, certified massage therapist. One hour \$45, 90 minutes \$60, 2 hours \$80. Call Sandra at 090 5024 7139 or 34-5321 for an appointment.

\*\*\*\*\*

## HELP WANTED

These are the most up-to-date announcements made to Sasebo Soundings as of Wednesday, 12 p.m.

## SASEBO ELEMENTARY & E.J. KING HIGH SCHOOL

Open-continuous Vacancy Announcements: Applications for the following open-continuous vacant positions are accepted. If you are interested in any of the positions below, please submit your application now. Our Personnel Office in Okinawa maintains the applicant files. Qualifications: Applicants must be U.S. citizen and dependents of active military or DOD civilian personnel. Please call 252-3600 (for Sasebo ES) or 252-3059 (for King HS) or drop by the schools' offices for more information.

Positions: **Substitute Teachers**, TP-1702-AA, \$87.50/day. **Educational Aid** (General), GS-1702-04. **Educational Aid** (Special Education), GS-1702-04. **Educational Aid** (Sure Start), GS-1702-04. **Office Automation Clerk/Assistant**, GS-0326-04/05. **Secretary**, GS-0318-05/06. **School Support Clerk/Assistant**, GS-0303-4/5/6/7

\*\*\*\*\*

## J.N. DARBY ELEMENTARY SCHOOL

Open Positions for Darby Elementary School. All applicants must be a US Citizen and have SOFA status to be considered. J. N. Darby is now accepting applications for substitute teachers. Applicants **must** have a high school diploma. 15 college credit hours preferable. J.N. Qualified candidates must have a high school diploma, be a U.S. citizen, and be SOFA sponsored. Educational Aid (Special Education) GS-1702-4: Typical duties and responsibilities: Assists teachers and administrative staff by distributing testing materials, developing audio-visual tactile aids, tutoring selected pupils, supervising independent study, making field trip arrangements, or working with pupils to develop student self-help skills. Minimum Qualification requirements:

ability to cooperate with children with disabilities. Candidates should describe experience; education and / or training that demonstrates their ability to provide support services to children with disabilities in an educational environment. Include all experience gained in any capacity with disabled individuals in an educational, social, or recreational environment which provided knowledge of the specialized requirement of disabled individuals.

\*\*\*\*\*

## VODAFONE

Vodafone, Sasebo Military Division is looking for part time applicants. If interested, please send your resume to: <vodafone@sasebo.mil> or contact Vodafone manager at 252-3563.

\*\*\*\*\*

## HARIO DECA

CPA is now accepting applications for deli/bakery workers. Approximately 20-25 hours per week, \$6.50/hr. Please call 252-8956.

\*\*\*\*\*

## STARS AND STRIPES

Stars and Stripes has a continuing need for newscasters in the Main Base and Hario Housing areas. FMI, call 252-3890 or visit us in PW-47, first floor, across the hall from the NLSO.

\*\*\*\*\*

## UMUC

University of Maryland University College is seeking applications to teach from individuals with a master's degree or doctoral from a regionally accredited university in mathematics, English, business, computer studies or related fields. Application forms available at the Maryland office in the Community and Education Center (BLDG 155). A complete application would include a resume and copies of graduate and undergraduate transcripts. FMI, please call the Maryland main office in Japan at DSN 225-3690.

\*\*\*\*\*

## RELIGIOUS MINISTRIES

### DEPARTMENT

Full time pianist needed for Hario Village Protestant worship services. For more information please contact CFAS Command Chaplain Office at 252-3380. (Contract position).

The Jewish High Holiday of Rosh Hashanah begins on the evening of Wednesday, September 15 and ends Friday September 17. This year the Jewish community of Sasebo is planning to observe the holiday in Seoul, Korea. If you are observant, you can get no cost TAD orders to go to Seoul. Room and meals will be free to active duty members and their family; however, you will have to pay for the flight to Seoul. If you are interested, please contact Lt Polansky at 252-3747 or the Chaplain's Office no later than Sunday, August 29.

\*\*\*\*\*

## MWR

### REGULAR FULL-TIME POSITION:

**Library**  
**Library Aid**, NF-01, \$6/hr.  
**Child Development Center (HV), SSN Required**  
**Education Aid**, GSE-02, \$8.42/hr, GSE-03, \$9.18/hr, GSE-04, \$10.31/hr.  
**Personnel Office**  
**Clerk-Typist**, NF-01 \$7/hr, First CO: 08/09/04.  
**FLEXIBLE POSITIONS:**  
**Youth/Teen Center (HV/MB), SSN Required**  
**Recreation Aide**, \$8.42/hr. (Teen/Pre-Teen Programs and School Age Care Programs)  
**Recreation Aid**, NF-01, \$6.50/hr. (Not to exceed six months.)  
**Child Development Center (MB), SSN Required**  
**Education Aid**, GSE-02, \$8.42/hr, GSE-03, \$9.18/hr, GSE-04, \$10.31/hr.  
**Bowling Center**  
**Service Counter Attendant**, NF-01, \$7.50/hr.  
**Sailing & Outdoor Recreation Center**  
**Recreation Assistant** (Sailing), NF-02, \$8.39/

hr  
**Recreation Assistant** (Paintball), NF-02, \$8.39/hr  
**Theater (Showboat/Hario)**  
**Snack bar Clerk**, NF-01, \$6/hr  
**Motion Picture Projectionist**, NA-05, \$9.12/hr  
**Ticket Seller**, NF-01, \$6/hr.  
**Fleet Fitness Center**  
**Recreation Aide** (Gear Issue), NF-01, \$6.00/hr (Hario)  
**Recreation Assistant** (Adult Sports), NF-02, \$8.39/hr (MB)  
**Galaxies**  
**Bar Assistant**, NA-05, \$7.91 per hour  
**Cashier**, NF-01, \$6/hr  
**Club Operations Assistant** (Duty Manager), NF-02, \$8.39/hr  
**Service Counter Attendant**, NF-01, \$7.50/hr.  
**Harbor View Club**  
**Cook**, NA-04, \$9.58/hr  
**Club Operation Assistant** (Duty Manager), NF-02, \$8.39/hr  
**Service Counter Attendant** \$7.50/hr Open until filled.  
**Liberty**  
**Recreation Aid**, (YAP), NF-01, \$6/hr.

\*\*\*\*\*

## NEX

**Open Continuous Flexible Vacancies (OC'03) Main Base & Hario**  
**Barber**, NA-7603-07, \$9.78/hr  
**Beautician**, NA-7641-07, \$9.78/hr  
**Sales Clerk**, NF-2091-01, \$6.00/hr  
**Desk Clerk**, NF-1176-01, \$8.00/hr  
**New Flexible Vacancies (Main Base)**  
**Sales Clerk**, NF-2091-01, \$6.00/hr, Fleet Store, Open until filled.  
**Lead Sales Clerk**, NF-2091-01, \$6.20/hr, Fleet Store, Open until filled.  
**Sales Clerk**, NF-2091-01, \$6.00/hr, Four Seasons Store, Open until filled.  
**Sales Clerk**, NF-2091-01, \$6.00/hr, Mini Mart, Open until filled.  
**Automotive Mechanic**, 60% commission (Labor Only), Auto Port, open until filled.  
**Navy Lodge Office Clerk**, NF-6145-01, \$8.00/hr  
**Food Service Worker**, NA-7408-02, \$7.01/hr, King School Cafeteria, Open until filled.  
**Fabric Worker**, NA-3105-05, \$7.85/hr, Tailor Shop, Open until filled.  
**New Flexible Vacancies (Hario)**  
**Sales Clerk**, NF-2091-01, \$6/hr, Home Store, Open until filled.

## HRO

**Store Worker** (WG-6914-04) DECA, Sasebo, Open Continuous Position  
**Store Worker** (WG-6914-04) DECA, Hario, Open Continuous Position  
**Sales Store Checker** (GS-2091-03), DeCA, Sasebo, Open Continuous Position  
**Sales Store Checker** (GS-2091-03) DeCA, Hario, Open Continuous Position  
**Education Aid/Technician** (GS-1702-02/03/04) MWR, Main Base Open: 1/20/04 Close: 12/17/04 Open Continuous Position  
**Education Aid/Technician** (GS-1702-02/03/04) MWR, Hario Open: 1/20/04 Close: 12/17/04 Open Continuous Position  
**Production Controller** (GS-1152-09), SRF, Open until filled.  
**Child Development Center Director** (GS-1701-09), Open until filled.  
**Equipment Specialist** (GS-1670-09), SRF, Close: Open until filled.  
**Recreation Aid** (GS-189-02), MWR, Main Base, Close: Open until filled.  
**Recreation Aid** (GS-0189-02), MWR, Main Base, Close: Open until filled.  
**Transition Management Program Specialist** (GS-101-07/09), FFSC, Close: Open until filled.  
**Child Development Center Clerk** (GS-0303-0303), MWR, Hario, Open: 07/30/04 Close: 08/12/04  
**Clerk Typist** (GS-0322-03), MWR, Close : Open until filled.  
**Meatcutting Worker** (WG-7407-05), DeCA, Close: Open until filled.

## WANT YOUR AD IN THE SOUNDINGS?

**Deadline for submission is Tuesday close of business. For more information contact: Sasebo Soundings at 252-3409.**

<soundings@cfas.navy.mil>



MWR Athletics  
252-3588

# SASEBO SPORTS

Sasebo Sports  
Report  
252-2290

## The ‘goal’ this soccer season is to have fun

JOSA Jeff Johnstone  
CFAS Public Affairs

Soccer season is here, giving children of all ages and skill levels an opportunity to get their ‘kicks’ on the soccer field.

Along with learning the fundamentals and basics of the game, children learn that enjoying themselves is the most important part of the season.

“Along with learning about the game of soccer, the kids will learn how to work together as a team, the importance of good sportsmanship. These are lessons they can not only use on the soccer field, but throughout life as well,” said Petty Officer First Class Ron Inman, coach of main bases’ Team Canada, consisting of boys and girls in the age 10-13 bracket.

The season runs from Sept. 11 until Oct. 23 with teams from main base and Hario divided into age groups of 5-6, 7-9 and 10-13 and up.

Teams consisting of kids age 5-6 include China, Holland, Brazil, Thailand, England and Wales.

Children age 7-9 include two teams from Japan, and teams from Spain, Italy, Korea and Germany.

Teams age 10-13 will be named after Canada, France and the U.S.A.

## Fitness Tip: Nutrition on the Net

Alec Culpepper  
MWR Fitness & Aquatics Director

How to find useful information online? The internet can be a powerful tool in your quest for high quality health and nutrition information — if you can determine which Web sites are reliable and which are not.

Keep in mind that anyone can post information on the Internet. Pay special attention to the last letters of a Web site’s address.

Look for sites from the government (.gov), universities (.edu), or organizations (.org), as they generally post valid information.

Whenever you see “.com” at the end of a Web address, it is a commercial site that may be trying to sell products or services.

To help navigate through the plethora of nutrition and health information, here is a list of reliable, user-friendly health and nutrition sites, which are great places to start your searches: 1.) <[www.hsph.harvard.edu/nutritionsource](http://www.hsph.harvard.edu/nutritionsource)>. This site is maintained by the Depart of Nutrition at the Harvard School of Public Health. 2.) <[www.nal.usda.gov/fnic/foodcomp](http://www.nal.usda.gov/fnic/foodcomp)>. Go to this site to find out what’s in any food (mostly non-brand-name) including calories, carbohydrates, protein, fat, and almost any other nutrient. 3.) <[www.webmd.com](http://www.webmd.com)> This site is filled with feature articles, news items, advice, and guides.

Go to Consumer Lab at the following address: <[www.consumerlab.com](http://www.consumerlab.com)> the nation’s leader in independent testing of vitamins, minerals, and herbs.

It publishes test results on its Web site and identifies brands that contain what their labels say and those that do not.

Visiting the aforementioned websites can help you attain your goals of finding quality nutrition information on the Web, while avoiding commercial websites that may be aimed at financial gain, and not assisting in the overall nutrition of those that visit them.



Main Base’s Team Canada practice their dribbling skills during soccer practice Tuesday, August 31 at Nimitz Park. The practice marked the first for the team, made up of players in the ten -13 year old age group. (Official U.S. Navy Photo by JOSA Jeff Johnstone)

## Upcoming sports events:

### NEW POOL HOURS

#### Main Base Pool

Monday Aug. 30 — Sunday Sept. 26

Mon - Fri

6 a.m. - 8 a.m.

11 a.m. - 12:30 (Lap Swim)

4 p.m. - 7 p.m. Mon – Fri

(Open Swim)

Sat, Sun & Holidays

11 a.m. - 7 p.m. (Open Swim)

Sept. 27 closed for the season

#### Hario Pool

Monday Aug. 30 — Monday Sept. 6

Mon - Fri

4 p.m. - 7 p.m. (Open Swim)

Sat, Sun & Holidays

11 a.m. – 7 p.m. (Open Swim)

Sept. 7 closed for the season

### UPCOMING SPORTS:

#### Pre-Hirado 5K

Saturday, September 4, starts at 9 a.m.

Race begins in front of the USO in Nimitz Park.

Snacks and drinks will be provided. Pre-

register by September 1, or sign up at the

race start. Awards will be given to the top 3 runners in the male and female divisions.

#### Labor Day Golf Tournament

**Monday, September 6, first tee time 7:30 a.m.**

Mikawachi Golf Course

Entries due by Wednesday, September 1. Awards will go to the top golfer in each handicap flight plus close to pins, longest drives and gorillas. Sign up at the Fleet Fitness Center to reserve a spot. \$5 entry fee is required, plus course green fees.

#### Mini Triathlon

**Sunday, September 12, starts 8:30 a.m.**

Main Base Swimming Pool.

Entries are due to the Fleet Fitness Center by September 8. Event will begin in the pool with a 500m swim followed by a 15K bike ride and a 4K jaunt across the base. Awards to the top 3 finishers in the male and female divisions.

#### Captain’s Cup Team Tennis

**Monday, September 13**

Entries are due to the Fleet Fitness Center by Wednesday, September 8 with a mandatory Coaches meeting on Sept 11. Tournament will be round robin followed by single elimination. Awards will be given to the top three teams.